

MOVE'22

WHO'S IT FOR?

- > **MOVE'22** - or **M'22** for short - is a new program for Kroc members who have their memberships through insurance subsidized plans.
(IE: Silver Sneakers & Renew Active)
- > **M'22** is **FREE** to all insurance subsidized members & runs January 1 – December 31, 2022.

WHAT DO I HAVE TO DO?

- > **No need to 'sign up'**. Enrollment for all #KrocStars whose memberships are subsidized is automatic.
- > **Simply check-in and workout for at least 30 minutes. For every five (5) check-ins/workouts M'22's name will be entered to win monthly prizes.**
(See sample check-in workouts/entries chart below)
- > **The more times M'22 Members workout at The Kroc Center; the more chances you have to win prizes offered for the month.** (M'22 members will only be counted once per day. Participants who purposefully attempt to circumvent these rules may be disqualified from the MOVE'22 program.)

WHAT THE RULES?

- > **Prizes will be awarded monthly.**
(January: 6-\$25 gift cards, February: 4-\$50 gift cards, March: 4-\$75 gift cards, April: 4-\$100 gift cards, May: 1-\$100 gift card. Additional months' prizes will be announced in the Spring.)
- > **The number of entries into the monthly drawings is based on the number of times per month* individual participants workout at The Kroc. For every five visits a M'22 #KrocStar checks in/works out at The Kroc, his/her name will be entered into the monthly drawing!**

ADDITIONAL RULES: Direct relation of The Salvation Army staff in Quincy, IL are not eligible to win prizes. Prizes must be picked up in person by M'22 winner within 30 calendar days of being notified. Prizes will not be mailed. Prizes not claimed within 30 days will be considered forfeited and will not be reassigned to other participants or re-awarded for participants within that month. Prize winners will need to sign a form stating they in fact received the card, so we can track that all cards were properly given out for our auditing purposes. Participants must agree to have their picture/ likeness recorded and used for promotional purposes as determined by The Salvation Army. All rules, processes and considerations will be directed by The Salvation Army Ray & Joan Kroc Center in Quincy, IL.

Sample check-in
workout/entries

M'22 Participant	# Visits	# of Entries
John Doe	23	4
Jane Doe	16	3
JD Smith	4	0

KrocQuincy.org

Questions?
Contact Fitness Initiatives Coordinator
Amy Junkerman at 217.231.5640.



RAY & JOAN

KROC
CORP'S COMMUNITY CENTER